

## TRACK 5: REQUIREMENTS FOR PROFESSIONAL ICF CREDENTIALING

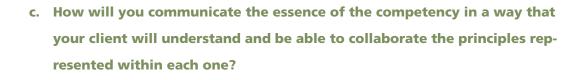
## **NEXT STEPS**

## LESSON 4: CORE COMPETENCIES PART 3 Cultivating Learning and Growth

1. The core competency covered in this lesson is Facilitates Client Growth. This competency covers many aspects including creating awareness, designing actions, planning, goal setting, managing progress, and accountability. For each of these, answer the questions on the following pages.

a. How would you describe the importance that the competency plays within the coaching relationship?

b. How confident are you that you can provide the skill set required for each of the aspects discussed through this competency?





d. Summarize the core meaning of the competency by writing 2-3 descrip-

tive paragraphs.